Lesson 46 Hobbies

gifted ['gɪftɪd]

adj. 有天才的，有天赋的

gifted gift talented talent natural / born He is a ~ leader.

have a gift / an aptitude for … Mozart had a gift for music.

Mozart had an aptitude for music. insinuate [ɪn'sɪnjueɪt]

v. 暗示；使悄悄地潜入

What are you trying to insinuate? Are you insinuating that I smell?

imply suggest intimate hint insinuation implication suggestion intimation hint

insinuate v. to get into a situation or position by behaving in a way that is not sincere 使悄悄地潜入……之中

insinuate A into B

Over the years she insinuated herself into the great man’s life.

He has ways of insinuating his ideas into the brains of his followers. grip [grɪp]

n. 紧握，抓牢；理解，掌握

grip / grasp

Don’t loosen your grip on the rope or you’ll fall. I tightened my grip on the handrail.

She has a sound grip / grasp of English. gripping / absorbing

a gripping / absorbing detective novel aggravate ['ægrəveɪt]

v. 使恶化

The pain will be aggravated by coughing. compound

Their domestic problems were compounded by stress at work. exacerbate

Ironically, the government’s reassurances may have exacerbated fear about the disease.

deteriorate degenerate go downhill

relieve alleviate

ameliorate

improve better enhance gratify ['grætɪfaɪ]

v. 满足，使满意

be gratified to see / hear / learn ...

John was gratified to see the improvement in his mother’s health. gratify one’s whims / caprices

satiate …

Nothing seems to satiate people’s need for gossip. cater to / for…

gratification satisfaction satiation

avenge [ə'vendʒ]

v. 为……报仇

He has devoted the past five years to avenging his daughter’s death. avenge oneself on sb.

She avenged herself on her father’s killers. revenge

revenge one’s death revenge a defeat revenge oneself on sb.

Eric wanted to revenge himself on John for the insult. retaliate

The British government retaliated by breaking off diplomatic relations. retaliate against …

The army began to retaliate against the civilian population. get / pay sb. back (for…)

This time you beat me, and sometimes I’ll get / pay you back (for this). get even

get even with sb.

What can I do to get even with him? grudge [ɡrʌdʒ]

v. 怨恨，不愿意

grudge v. feel resentful about sth; do or give sth. very unwillingly 怨恨， 不愿意

grudge + n. / doing

He grudges her earning more than he does. He grudges paying taxes.

He grudges the money he pays in tax.

There are times when we would willingly give everything we possess to save our lives, yet we might grudge paying a surgeon a high fee for offering us precisely this service.

grudging reluctant unwilling grudge n. 恶意，怨恨

have / bear / hold a grudge 怀恨在心

She has a bad memory.

She's quick to forgive people.

Her feelings are easily hurt.

She doesn't get angry very often.

W: I wish I hadn’t hurt Mary’s feelings like that. You know I’ve never meant to.

M: The great thing about Mary is that she doesn’t hold a grudge. By tomorrow she’ll have forgotten all about it.

Q: What does the man say about Mary? Answer: (B) She's quick to forgive people.

Winston Churchill(1874~1965)



British politician and Prime Minister, widely regarded as the greatest British leader of the 20th century.

His courage, decisiveness, political experience and enormous vitality

enabled him to lead the country through the Second World War.

Churchill was also known for the many books on British history and politics he wrote throughout his life.

His command of the English language not only made him a great orator but earned him the Nobel Prize for literature in 1953.

A gifted American psychologist has said, 'Worry is a spasm of the emotion; the mind catches hold of something and will not let it go.'

catch hold of …

grip / seize / clutch / clasp

get hold of: find sb. or obtain sth. Where can I get hold of some stamps?

Could you tell me how I can get hold of a doctor? let … go = release

Please release me, let me go. For I don't love you anymore.

To waste our lives would be a sin. Release me and let me love again. It is useless to argue with the mind in this condition.

it is useless / futile / pointless to do / doing … it’s a waste of time doing …

it’s no use doing …

there is no use (in) doing … it’s no good doing …

there is no good doing … there is no point (in) doing …

The stronger the will is, the more futile the task will be. insinuate A into B

And if this something else is rightly chosen, if it is really attended by the

illumination of another field of interest, gradually, *and often quite swiftly,*

the old undue grip relaxes and the process of recuperation and repair begins.

attend the meeting attend college

She is attended by a 24-hour nursing staff. attend to sth. = deal with sth.

The queen was attended by her ladies-in-waiting. The occasion was attended by an air of sadness.

The cultivation of a hobby and new forms of interest is therefore a policy

*of the first importance* to a public man. cultivation cultivate

Most of the world’s fertile land is already cultivated. cultivate vegetables / peonies

cultivate v. develop / build up

cultivate hobbies cultivate a love of art

cultivate good study habits Honesty is the best policy.

This is a mission of importance. of the first importance

of leading / primary / paramount importance of vital / crucial importance

of secondary importance of equal importance

But this is not a business that can be undertaken *in a day* or swiftly improvised *by a mere command of the will*.

alternative adj. different from the one you have and can be used instead

其他的，另外的

Have you any alternative suggestions? alternative mental interests

alternative to sth.

Is there a viable alternative to surgery? have no alternative but to do…

I have no alternative but to report him to the police. alternate adj. 轮流的，交替的

I visit him on alternate Sundays.

The seeds must by carefully chosen; they must fall on good ground; they must be sedulously tended, if the vivifying fruits are to be at hand when

needed.

I always keep a dictionary close at hand. The signature must be given by hand.

The work is in hand, and will soon be completed. They are always on hand whenever you need them. I can’t remember his phone number off hand.

*To be really happy and really safe*, one ought to have at least two or three hobbies, and they must all be real.

It is no use starting *late in life* to say: 'I will take an interest in this or that.'

it is no use doing

It’s no use crying over spilt milk. take an interest in …

= be interested in …

strain: stress / tension / pressure

A man may acquire great knowledge of topics unconnected with his daily work, and yet get hardly any benefit or relief.

find a temporary relief permanent relief

to my great relief

give immediate relief from pain

It is no use doing what you like; you have got to like what you do. Antimetabole 回环 / 倒复

Eat to live, not live to eat.

— Socrates

Forty is the old age of youth, fifty is the youth of old age.

— Victor Hugo

Where there is marriage without love, there will be love without marriage.

— Benjamin Franklin

The reasonable man adapts himself to the world, the unreasonable man persists in trying to adapt the world to himself. Therefore, all progress depends on the unreasonable man.

— G. B. Shaw

So let us begin anew —remembering on both sides that civility is not a sign of weakness, and sincerity is always subject to proof. Let us never negotiate out of fear, but let us never fear to negotiate.

— John F. Kennedy

And so, my fellow Americans, ask not what your country can do for you; ask what you can do for your country.

— John F. Kennedy

*Broadly speaking*, human beings may be divided into three classes: those

who are toiled to death, those who are worried to death, and those who

are bored to death. broadly adv. generally generally speaking

Strictly speaking, the whale isn’t a fish. Judging from his face, he must be ill.

To make a long story short, he wanted money, and tried to get it without working.

But as they are about to return, an unprecedented storm descends on the area and blocks their way home. To make things worse something unexpected happens.

toil v. to work very hard for a long period of time 长期辛苦工作，苦干

Farm laborers have to toil in the fields all day. He was toiled to death.

I have nothing to offer, but blood, toil, tears and sweat.

Broadly speaking, leaders may be divided into two classes: those who are created by demands placed upon them, and those who are ‘self-created’ through hard work and achievements. Fortune’s favored children belong to the former, whereas the latter, I believe, are the majority.

It is no use offering the manual labourer, tired out with a hard week's

sweat and effort, the chance *of playing a game of football or baseball on*

*Saturday afternoon*.

be tired out / exhausted

offer sb. sth. / sth. to sb.

It is no use inviting the politician or the professional or business man,

who has been working or worrying about serious things for six days, to

work or worry about trifling things at the weekend.

As for the unfortunate people who can command everything *they want*, who can gratify every caprice and lay their hands on almost every object

of desire—for them a new pleasure, a new excitement is only an additional satiation.

command v. 掌管，掌握

command great wealth command a large vocabulary gratify v. satisfy

get / lay one’s hands on sth: obtain sth. 得到某物

I would read any book I could get / lay my hands on.

get / lay one’s hands on sb: to catch sb. you are angry with 抓住惹你生气的人

Just wait till I get / lay my hands on you!

*In vain* they rush frantically round from place to place, trying to escape from avenging boredom by mere clatter and motion.

in vain: without success in spite of your efforts 徒劳

Obviously all her complaints were in vain. Police searched in vain for the missing boy.

to no avail

He rebooted my systems several times, but to no avail.

It may also be said that rational, industrious, useful human beings are divided into two classes: first, those *whose work is work and whose*

*pleasure is pleasure*; and secondly, those *whose work and pleasure are*

*one*.

sweeping / overwhelming / absolute / vast majority small / narrow majority

be in the majority

Surveys indicate that supporters of the treaty are still in the majority. Of course, the former are in the majority.

predominate

In older age groups women predominate because men tend to die younger.

Of course the former predominate.

They have their compensations for their hard work.

The long hours in the office or the factory bring *with them as their reward*, not only the means of sustenance, but a keen appetite for pleasure *even in its simplest and most modest forms*.

favour / favor vt. 喜爱偏爱 = prefer

She favors her youngest child. Fortune’s favored children 天之骄子

Their life is naturally harmonious.

Each day is a holiday, and ordinary holidays, when they come, are grudged as enforced interruptions *in an absorbing vocation*.

be grudged as sth. 被当做……而耿耿于怀，拒绝接受

He is spending his precious vacation in a country retreat and any visit now will be grudged as disturbance to his privacy.

enforce v. 强迫人们服从，执行

The main role of the police is to uphold and enforce the law. enforced adj. 被迫的，自己无法控制的

enforced absence

enforced isolation vocation

job profession occupation vacation

Yet to both classes the need *of an alternative outlook*, *of a change of*

*atmosphere*, *of a diversion of effort*, is essential.

diversion n. change in the direction or use of sth. 改变（方向或用途）

the diversion of a ship the diversion of a stream

This would result in massive diversion of funds.

Indeed, it may well be that those whose work is their pleasure are those who most need the means of banishing it *at intervals* from their minds.

It may well be that …

Indeed, it may well be that those who … are those who most need … at intervals …

造句：其实，很可能那些平时几乎不看病的人最需要每隔一段时间从

工作中抽空 (take time off from work) 做一次全面的体检 (have a thorough checkup)。

Indeed, it may well be that those who hardly see a doctor are those who most need take time off from their work at intervals to have a thorough

checkup.